

Growing Food in the City

The children who attend the Kensington Neighbourhood House's Morning Childcare Program grew their own produce from seed and harvested it from a vertical garden made with recycled materials.

It was so easy we think everyone in Kensington should be able to do something similar. All you need is a wall or stand in a sunny place.

1

We received a small grant from Landcare Australia and Momentum Energy



2

We collected recycled materials that we could use for seedling trays and to build our garden



3



We planted seeds (lettuce, radish, spinach and beetroot)

4

We took the seeds home to germinate along with instructions on how to care for them

Growing Lettuce from Seed

Plant seeds 1cm deep

Keep moist but not wet in a sunny spot

5

We took our inspiration from [The Green Wall - Educational Vertical Garden Bottle System Project](#)



6

Ray from Inner City Garden Maintenance assembled our wall.



7



Our seeds germinated and became seedlings ready to plant in the garden.

8

Our produce is now ready to harvest. Yum!

